

2022 RWXP4 (Ritsumeikan Winter Express Program 4)

*Subject to change

| Monday | | | Tuesday | | | Wednesday | | | Thursday | | | Friday | | | Saturday | Sunday |
|-------------------------------------|---------------------|--|--|---------------------|--|-------------------------------------|---------------------|--|-------------------------------------|---------------------|--|-------------------------------------|---------------------|--|---------------|---------------|
| Feb. 07, 2022 | Japan | Description | Feb. 08, 2022 | Japan | Description | Feb. 09, 2022 | Japan | Description | Feb. 10, 2022 | Japan | Description | Feb. 11, 2022 | Japan | Description | Feb. 12, 2022 | Feb. 13, 2022 |
| | | | Orientation | 8:00 - 8:50 | Zoom 50 min | Japanese Language Classes(2) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Japanese Language Classes(3) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Japanese Language Classes(4) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Day off | Day off |
| | | | Japanese Language Classes(1) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Lunch Time | 12:00 - 13:00 | Free Time | Lunch Time | 12:00 - 13:00 | Free Time | Lunch Time | 12:00 - 13:00 | Free Time | | |
| | | | Lunch Time | 12:00 - 13:00 | Free Time | Collaborative Learning(2) | 13:00 - 14:30 | Zoom 90 min | Collaborative Learning(3) | 13:00 - 14:30 | Zoom 90 min | Collaborative Learning(4) | 13:00 - 14:30 | Zoom 90 min | | |
| | | | Collaborative Learning(1) | 13:00 - 14:30 | Zoom 90 min | TABATA Training #2 <Optional> | 15:15 - 15:45 | Zoom 30 min | TABATA Training #3 <Optional> | 15:15 - 15:45 | Zoom 30 min | TABATA Training #4 <Optional> | 15:15 - 15:45 | Zoom 30 min | | |
| | | | TABATA Training #1 Guidance <Optional> | 15:15 - 15:45 | Zoom 30 min | | | | | | | | | | | |
| Feb. 14, 2022 | Japan | Description | Feb. 15, 2022 | Japan | Description | Feb. 16, 2022 | Japan | Description | Feb. 17, 2022 | Japan | Description | Feb. 18, 2022 | Japan | Description | Feb. 19, 2022 | Feb. 20, 2022 |
| Japanese Language Classes(5) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Japanese Language Classes(6) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Japanese Language Classes(7) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Japanese Language Classes(8) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | Japanese Language Classes(9) | 09:00 - 11:50 | Zoom (1)09:00-09:50 (2)10:00-10:50 (3)11:00-11:50 Japan Time | | |
| Lunch Time | 12:00 - 13:00 | Free Time | Lunch Time | 12:00 - 13:00 | Free Time | Lunch Time | 12:00 - 13:00 | Free Time | Lunch Time | 12:00 - 13:00 | Free Time | Lunch Time | 12:00 - 13:00 | Free Time | | |
| Collaborative Learning(5) | 13:00 - 14:30 | Zoom 90 min | Collaborative Learning(6) | 13:00 - 14:30 | Zoom 90 min | Collaborative Learning(7) | 13:00 - 14:30 | Zoom 90 min | Collaborative Learning(8) | 13:00 - 14:30 | Zoom 90 min | Completion Ceremony | 13:00 - 14:30 | Zoom 90 min | | |
| TABATA Training #5 <Optional> | 15:15 - 15:45 | Zoom 30 min | TABATA Training #6 <Optional> | 15:15 - 15:45 | Zoom 30 min | TABATA Training #7 <Optional> | 15:15 - 15:45 | Zoom 30 min | TABATA Training #8 <Optional> | 15:15 - 15:45 | Zoom 30 min | | | | | |

